



**Rakyat Didahulukan
Pencapaian Diutamakan**

Pengertian, Kepentingan & Keajaiban Keyakinan Diri

Pengertian Keyakinan

Keyakinan ialah kepercayaan yang tidak berbelah bagi. Keyakinan diri pula ialah kepercayaan bahawa dirinya boleh mengendalikan kehidupannya dengan baik serta segala cabaran yang dihadapi dengan jayanya.

Kepentingan Membina Keyakinan Diri

Kebolehan anda mengatasi segala halangan dalam hidup untuk mencapai kejayaan, banyak dipengaruhi oleh keyakinan diri anda. Ini bermakna lebih yakin anda pada diri anda serta masa hadapan anda, lebih terbukalah kejayaan untuk anda.

Jenis-jenis Keyakinan

Pada hemat saya, terdapat 4 jenis keyakinan utama yang perlu kita miliki:

- Keyakinan diri terhadap Tuhan dan KeesaanNya
- Keyakinan terhadap diri sendiri
- Keyakinan diri sendiri terhadap orang lain
- Keyakinan orang lain terhadap diri sendiri

Oleh : Taidin Suhaimin

LAMAN USHAWAN GROUP MANAGEMENT CONSULTANTS

Punca Utama Ketidakyakinan Diri

- Kurang pengetahuan, pengalaman dan pendedahan
- Tidak mempunyai matlamat yang jelas dalam hidup
- Tidak mempunyai prinsip hidup yang mantap
- Kurang kemahiran dan persediaan
- Suka bergaul dengan orang-orang yang berfikiran negatif atau dilahirkan di kalangan orang-orang yang pesimis
- Kemiskinan (Idea & Sains Kejayaan Hidup)
- Berpenyakit kronik atau badan kerap kurang cergas / sihat

Petanda-petanda Orang Yang Kurang Keyakinan Diri

Kurang senyum, risau dan kelihatan gugup, kurang berinteraksi, malas bekerja atau berusaha, bersikap meminta-minta, mudah putus asa, suka gossip dan mengumpat, defensif dan pemarah.

Keajaiban Keyakinan Diri

Kejayaan datang kepada mereka yang dapat mengendalikan kehidupan dengan yakin dan cemerlang. Kisah Keyakinan Diri *Joan of Arc* amat menarik perhatian saya. *Joan of Arc* pada umur 17 tahun, seorang pengembala kambing biri-biri yang miskin di Perancis, amat percaya yang ia telah mendapat ilham dari Tuhan bahawa beliau harus mengetuai bala tentera Perancis untuk menentang tentera-tentera Inggeris yang amat sukar dikalahkan. Tentera-tentera Perancis telah kehabisan idea tentang bagaimanakah lagi cara untuk menentang serangan-serangan serta mengalahkan tentera-tentera Inggeris. Kerana terlalu kekalutan, mereka telah merayu kepada sesiapa sahaja di kalangan rakyat Perancis untuk memberi idea atau tampil ke hadapan memberi idea tentang bagaimanakah lagi cara menentang tentera-tentera Inggeris.

Joan of Arc seorang gadis yang masih amat muda itu telah tampil ke hadapan dengan keyakinan yang begitu tinggi, *berapi-api - amat yakin sekali - se yakin-yakinnya!* bahawa ia telah mendapat ilham dari Tuhan yang dia sahajalah yang akan dapat memimpin bala tentera Perancis untuk mengalahkan tentera-tentera Inggeris. Keyakinannya yang sungguh kental dan mengkagumkan itu telah memberi harapan

baru kepada pucuk pimpinan tentera Perancis di mana beliau telah diberi tugas berat; mengepalai tentera Perancis yang sedang menghadapi kebuntuan itu!

Keyakinan si gadis lidi yang tidak dapat dipertikaikan lagi itu telah menyemarakkan semangat seluruh tentera dan rakyat Perancis. Dengan keyakinan dan pimpinan *Joan of Arc*, mereka telah mendapat semangat dan tenaga baru untuk menyerang balas dan menggempur tentera-tentera Inggeris dengan strategi peperangan yang berbisa serta keyakinan dan semangat juang yang tidak terperi tingginya! Ini telah amat MENGEJUTKAN tentera-tentera Inggeris sehingga hilang arah, kekuatan dan semangat walaupun jumlah mereka lebih ramai daripada tentera-tentera Perancis - *bertempiran!* Lantas, Perancis meraih kemenangan besar!

Inilah bukti KEAJAIBAN keyakinan diri!

Charisma is the result of effective leadership, not the other way around

Warren Bennis and Burt Nanus
Leaders: The Strategies for Taking Charge

There can not be improvement without new ideas, and there can not be new ideas without the participation of all.



Rakyat Didahulukan Pencapaian Diutamakan

How to be a Good Manager by Sun Tzu

Many would like to be good manager, to be able to lead their teams to great things. But what are the essential characteristics of Good Managers? Read more to find out.

Step 1 Develop Wisdom

Wisdom manager is able to make wise decision quick and correctly most of the time, learn from mistakes, able to strategize and take advantage of rising opportunity and avoid unnecessary dangers, creating great teams and guiding them to great results. With wisdom comes with ease in carrying out the next few steps. To develop wisdom, managers have to read widely, be analytical and have good understanding of the workings inside and outside his department.

Step 2 Be Trustworthy

Trustworthiness means that whatever the manager promises must be carried out, in the process creating trust with his team members. Trust of his team is important if he is to be able to unite his army against their enemies. If a manager could not reward as promised, it is likely that his team member would not put in their best since they have no idea whether they would be rewarded or not. Same thing for punishment, if certain rules are

set out but team members who flout it are not punished, it would create chaos in the company's organization and structure

Step 3 Be Benevolent

Benevolence is understanding, accommodating and love for his team members. Show your team members you have their welfare at heart. Treat them like your family members. But one must note that too much benevolence could spoil the army, making them too comfortable, thus sapping their fighting spirit. Thus Sun Tzu also proposed Discipline (Please see Step 5). Discipline would counterbalance the characteristic of benevolence.

Step 4 Develop Courage

Managers should be able to face the mistakes that are made under his department because at the end of the day, he is responsible for what is going on in the department. There is also another aspect where we must see courage as well and that is to make unfavorable or unpopular decisions. If the manager lacks courage in the form of making difficult decision, he maybe be leading his team member to slow death because most of the time these unfavorable decisions can avoid short-term pain but causes huge damage that is accumulated in the long run. Do your information gathering and analysis as thorough as possible before making the decisions.

Step 5 Develop Discipline

Managers need to develop self-discipline and discipline in teams. With discipline, managers would be able to deploy his teams to execute his plan effectively and efficiently. He himself must have great self-discipline, to set a good example to his teams, gaining trust in the process. But again, too much discipline may cause the manager to be seen as a tyrant in the eyes of his team members. As such when instilling discipline, it must be moderated with benevolence (Please see Step 3).

Words of Great Wisdom

The eye of the heart, though closed in fallen man, is able to take in a glimmering of light and this is faith. But anyway of living causes a covering like rust to accumulate over the heart so that it cannot sense the Divine origin of God's message.

**- Martin Lings
(Abu Bakr Sirajuddin)**

Listen to your heart and not your ego. Your ego prompts you to boast of vain assertions to obtain the glory of this world. Turn away from vanity and seek Him in the recesses of your heart and soul

-Sheikh Abdul Qadir Jilani

“Sometimes there is no easy way out, but there is always an easier way out and a harder way out. Choose wisely.”

-Nathaniel Bronier Jr.

When my heart was hardened
and my courses constrained
I made my hope a stairway
to Your forgiveness
My sin burdened me heavily,
but when I measured it
by Your forgiveness
Lord,
Your forgiveness was the greater

- Imam As Shafil